

## QUALITY of LIFE QUESTIONNAIRE

The Quality of Life (QoL) questionnaire is not directed at any specific domain or Topic, it would be initially asked at the first care planning meeting with relatives and residents.

It can be revisited at set points, for example when evaluating resident goals that include one of the identified issues, or regularly (i.e. 6 monthly).

<b>Example QOL Questions</b>
a. Think about any recent problems that affect your quality of life
b. List the five most important problems
c. How would you rate each issue e.g. how badly you are affected by the problem. Rating scale: 1= Affected a little 2= Affected a fair amount 3= Affected quite badly 4= Affected very badly 5= Affected the worst possible amount
d. What would improve your situation?
e. If relevant, address the issues through a goal setting activity
f. 6 months later ask them to rate the issues again
g. Determine if the rating has improved (reduced) for any issues
h. Repeat the process to identify new issues

	Description of issue	Rating Time One	Rating Time Two
1.			
2.			
3.			
4.			
5.			